

**Your Way** is a partnership between youth, mental health and volunteer services in Cornwall along with local young people aged 11-19. We are passionate about providing quality youth services, encouraging, supporting and rewarding young people for their involvement in all aspects of service design, delivery and evaluation.

Our services ensure young people can access information, advice and guidance, counselling, mentoring, support and youth work in their communities. Young people also have opportunities to volunteer on projects to make a difference in their communities, whilst earning rewards for their contribution





## Find Your Way

Find Your Way is an information, advice and guidance service for young people aged 11-19 years old. We provide a holistic response to young people's social, emotional and mental health needs through a range of services. Our team can respond to enquiries on a diverse range of issues including homelessness, benefits, rights and responsibilities, money skills, sexual health and relationships and C-card. Please call 01872 613001

## Create Your Way

Through Create Your Way, communities and young people are given support and training to enable them to set up and develop their own activities and sessions. Working together to increase and improve outcomes for young people in Cornwall.

## Time Bank Your Way

Timebanking Your Way supports young people to get into and stay involved with volunteering, by earning credits for every hour volunteered at a registered group or charity. Credits can then be spent on activities, experiences, as groups or be donated. It's a great way to meet new people, learn new skills and gain valuable work experience.

## Mind Your Way

Through Mind Your Way, young people can access a variety of counselling and mentoring services, delivered online via KOOH.com, face to face with [tben@ypc.org.uk](mailto:tben@ypc.org.uk) or [annat@ypc.org.uk](mailto:annat@ypc.org.uk) and through young people led activities with [elliew@ypc.org.uk](mailto:elliew@ypc.org.uk). Aimed at improving and supporting emotional resilience and well-being, it gives young people a safe and confidential space to talk.

For more information go to

[www.your-way.org.uk](http://www.your-way.org.uk)

Or email [info@your-way.org.uk](mailto:info@your-way.org.uk)

We look forward to hearing from you

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